

Jiwan Kada Ki Phool Jhamak Ghimire

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A Good Wife Samra Zafar 2019-03-05 She faced years of abuse after arriving in Canada as a teenage bride in a hastily arranged marriage, but nothing could stop Samra Zafar from pursuing her dreams At 15, Samra Zafar had big dreams for herself. She was going to go to university, and forge her own path. Then with almost no warning, those dreams were pulled away from her when she was suddenly married to a stranger at 17 and had to leave behind her family in Pakistan to move to Canada. Her new husband and his family promised that the marriage and the move would be a fulfillment of her dream, not a betrayal of it. But as the walls of their home slowly became a prison, Samra realized the promises were

empty ones. In the years that followed she suffered her husband's emotional and physical abuse that left her feeling isolated, humiliated and assaulted. Desperate to get out, and refusing to give up, she hatched an escape plan for herself and her two daughters. Somehow she found the strength to not only build a new future, but to walk away from her past, ignoring the pleas of her family and risking cultural isolation by divorcing her husband. But that end was only the beginning for Samra. Through her academic and career achievements, she has gone on to become a mentor and public speaker, connecting with people around the world from isolated women in situations similar to her own, to young schoolgirls in Kenya who never allowed themselves to dream to men making the decisions to save

for their daughters' educations instead of their dowries. A Good Wife tell her harrowing and inspiring story, following her from a young girl with big dreams, through finding strength in the face of oppression and then finally battling through to empowerment.

All Fall Down Ally Carter 2015-02-05 Praise for Ally Carter: Ally Carter is an author that you simply can't miss. - Grippd into Books Gallagher Girls books have real heart, pushing strength and sisterhood over sass, with super wit and humour too... brilliant. ***** Books for Keeps Absolutely unputdownable and completely gripping... everything that fans of this series will have been waiting for... 10/10... an incredible series in which each book gets better and better. The Guardian Ally Carter has done it again! From the story to the cover, everything about All Fall Down is exciting and sure to keep you on your toes!

<http://sassyanddangerous.blogspot.mx/> Product Description: I don't mean to get into trouble. Trouble just sort of finds me. Grace has been shipped off to stay with her diplomat Grandpa in the glittering Embassy Row, a place where trespassing into the wrong garden can cause an international incident. Grace knows the rules - she's ignored them before - but however much she wants to change, she can't. Not while she's certain of three things: 1. She isn't crazy. 2. Her mother was murdered. 3. Someday she's going to find the man with the scar, and then she is going to make him

pay. About the Author: Ally Carter writes books about spies, thieves, and teenagers. She is the New York Times best-selling author of the hugely popular Gallagher Girls series, including I'd Tell You I Love You but Then I'd Have to Kill You, Cross My Heart and Hope to Spy, Don't Judge a Girl by Her Cover, and Only the Good Spy Young. She lives in the Midwest where her life is either very ordinary or the best deep-cover legend ever. She'd tell you more, but...well...you know.

Atmabrittanta Bishweshwar Prasad Koirala 2001

Things We Haven't Said Erin Moulton 2019-08-01 A powerful collection of poems, essays, letters, and interviews written by a diverse group of adults who survived sexual violence as children and adolescents. This anthology is a valuable resource to help teens upend stigma and create a better future.

Disability and Social Theory D. Goodley 2012-06-01 This comprehensive, interdisciplinary collection, examines disability from a theoretical perspective, challenging views of disability that dominate mainstream thinking. Throughout, social theories of disability intersect with ideas associated with sex/gender, race/ethnicity, class and nation.

Arresting God in Kathmandu Samrat Upadhyay 2014-09-23 From "a major new talent" come short stories set in modern Nepal, about arranged marriages, forbidden desires, and the universal yearning for human

connection (Amitav Ghosh). Set in a city where gods are omnipresent, privacy is elusive, and family defines identity, these are stories of men and women caught between their own needs and the demands of their society and culture. Psychologically rich and astonishingly acute, with “a masterful narrative style” (Ian MacMillan), *Arresting God in Kathmandu* introduces a potent new voice in contemporary fiction. “Upadhyay brings to readers the flavor of Nepal and its culture in this impressive collection of nine short stories. Like Ha Jin’s *Bridegroom*, Upadhyay’s stories portray the lives of simple yet psychologically complex characters and reveal much about the universal human condition in us all. . . . Upadhyay’s stories leave the reader with much food for thought and will make a good choice for book discussion groups.” —Library Journal

A FLOWER in the midst of thorns Hasta Gautam “Mridul”; Dr. Shingh B
2012-06-06 www.xlibris.com/AFLOWERinthemidstofthorns.html

Muna-Madan Laxmi Prasad Devkota 1989

Shortcut Your Startup: Ten Ways to Speed Up Entrepreneurial Success
Courtney & Carter Reum 2018-02-07 _____ An indispensable guide to starting your business from scratch _____ Think you know how to launch a successful business? Think again. Courtney and Carter Reum know startups. As early investors in the likes of Lyft, Pinterest and SpaceX, as well as founders of a multi-million-dollar

company, they’ve seen what makes some businesses thrive – and some fail. Now, they draw on what they’ve learnt to offer a holistic guide to building your business. They reveal that most of the received wisdom is wrong – and offer counterintuitive examples from the likes of Airbnb, Uber and Facebook that chart a different path. From initial idea to exit strategy, these startup shortcuts offer an unexpected new route to success. Praise for *Shortcut Your Startup* ‘*Shortcut Your Startup* shows you how to launch a sustainable startup so that both you and your business can thrive.’

Arianna Huffington ‘Courtney and Carter Reum reveal the tools and tactics that many of the most successful startups use to disrupt, scale and succeed.’ Tony Robbins ‘Carter and Courtney echo what we increasingly know to be true: entrepreneurial success isn’t about pedigree and popularity but about pounding the pavement, taking smart risks and trusting your instincts.’ Sophia Amurosu, author of *#GIRLBOSS* ‘In *Shortcut Your Startup*, Courtney and Carter share the best insights from their own ventures as well as what they’ve learned through their vast network.’ Keith Ferrazzi, author of *Never Eat Alone*

Sex, Gender and Disability in Nepal Tulasi Acharya 2019-08-12 This book explores the sex lives of women with disabilities in Nepal, showing that many women suffer more than men despite prevailing disability policies that emphasize nondiscrimination against people with disabilities. It also

argues that far from general perceptions of women as asexual, women with disabilities are capable of leading highly creative and fulfilling sexual lives. Using critical sexual theory and postcolonial studies as critical frameworks, the book investigates the narratives of authors with disabilities, exploring policy gaps and the need for supportive gender and sexual policies through the words of those affected. In particular, the book analyzes five female Nepali authors with disabilities: Radhika Dahal, Jhamak Ghimire, Sabitri Karki, Parijaat, and Mira Sahi, demonstrating the need for supportive gender policies to address the emotional and psychological needs of women with disabilities. Overall, the book argues that disciplinary discourses in practice often consider sex or sexuality as taboo, barely recognizing women in the context of marriage and family, and therefore creating gaps between policies and marginalized narratives. This book provides important insights into sex and disability within the context of the Global South, and as such will be of interest not only to researchers working on Nepal but also to scholars across gender studies, disability studies, international development, and postcolonialism.

Aushadh Darshan Swami Ramdev 2005

Masân Gopālaprasāda Rimāla 2006

On the Edge of the Auspicious Mary M. Cameron 1998 People of lower caste live throughout the villages of Nepal but have been noticeably

absent from ethnographic accounts of the Himalayan region. Starting from the perspective of lower-caste Hindu women, Mary M. Cameron offers a long-overdue study of artisans and farmers in western Nepal. *On the Edge of the Auspicious* skillfully shows the connections between caste hierarchy and gender relations leading to domestic, economic, and religious power of lower-caste women. Situating her study in the history of land ownership and contemporary family and work relations, Cameron explains how and why patriarchal ideology associated with high-caste families in Nepal does not apply to women of lower caste. Drawing on data from work, family, and religious domains, this ethnography goes further than other current studies of caste hierarchy in South Asia to show the everyday material and ideological dimensions of domination and lower-caste people's resistance to them..

Nevarṅgātmañjarī Siegfried Lienhard 1992 A productive and highly important branch of Nevari literature is poetry. The songs reflect the thought of the Nevars, their way of life, religious belief, their history and folklore. The greatest possible variety of genres and styles have been included in the present anthology. Most of the songs included, religious hymns as well as folksongs and ballads, are still very popular among Nevars. In order to facilitate reading and consultation, the whole corpus of the songs collected has been grouped into four principle sections, namely

Religious Poetry, Songs about Love and Marriage, Epic Poetry, Didactic and Enigmatic Verses. The book contains two appendices. While the first lists the talas and ragas, as they are given in the various anthologies published in Nepal, the Second makes an attempt to transpose two songs into the European system of music. The translations are quite faithful and every effort has been made to preserve the spirit and flavour of the original. Contents Preface, Introduction, Translation, I. Religious Poetry: 1. Buddha Descends to Lumbini, Buddha Sakyamuni, Siddhartha Gautama Address Yasodhara, Yasodhara, The Tathagata, Svayambhu, Buddha, Matsyendranatha, Lokanatha, Gorakhanatha and Lokanatha, Manjusri, Narayana, Krsna and Sudaman, Siva, Kali, Guhyakali, Bhavani, Bhimasena, Ganesa, Sarada, Cobhara-Lokesvara, krsna, II. Songs about love and marriage 26-39 Songs Sung by Men, 40-64 Songs Sung by Women, 65-76 Krsna-Songs, III. Epic Poetry, 77-83 Songs Inspired by Jatakas and Avadanas, 84-94 Ballads and Rice-Transplantation Songs, 95-96 Songs Describing Historical Events, Indrayatra, IV. Didactic and Enigmatic Verses, 98 A Stricture upon Women, 99-100 Enigmatic Poems, Notes to the Translation, The Nevari Text, Appendixes, 1. List of Ragas and Talas, 2. Musical Notation of Songs 1 and 81, Select Bibliography.

One Direction: Where We Are One Direction 2013-08-27 Join ONE DIRECTION on their journey to superstardom. This is the only official book

from 1D charting their journey—from the places they visited and fans they met, to their thoughts and feelings, hopes and dreams, highs and lows. It was a phenomenal time—and this is a phenomenal story. Packed with exclusive beautiful photos, backstage snapshots, hand-written annotations, and brand-new insights into the boys' world, *Where We Are* is a unique book that no fan's life is complete without.

Mountains Painted with Turmeric Lil Bahadur Chettri 2007-12-07 Since its publication in the late 1950s, *Mountains Painted with Turmeric* has struck a chord in the hearts of hundreds of thousands of Nepali readers. Set in the hills of far eastern Nepal, the novel offers readers a window into the lives of the people by depicting in subtle detail the stark realities of village life. Carefully translated from the original text, *Mountains Painted with Turmeric* tells the story of a peasant farmer named Dhané (which means, ironically, "wealthy one") who is struggling to provide for his wife and son and arrange the marriage of his beautiful younger sister. Unable to keep up with the financial demands of the "big men" who control his village, Dhané and his family suffer one calamity after another, and a series of quarrels with fellow villagers forces them into exile. In haunting prose, Lil Bahadur Chettri portrays the dukha, or suffering and sorrow, endured by ordinary peasants; the exploitation of the poor by the rich and powerful; and the social conservatism that twists a community into punishing a

woman for being the victim of a crime. Chettri describes the impoverishment, dispossession, and banishment of Dhané's family to expose profound divisions between those who prosper and those who are slowly stripped of their meager possessions. Yet he also conveys the warmth and intimacy of village society, from which Dhané and his family are ultimately excluded.

A Flower in the Midst of Thorns Jhamak Ghimire 2012-06

www.xlibris.com/AFLOWERinthemidstofthorns.html

The Royal Ghosts Samrat Upadhyay 2006-02-09 “Startlingly good” stories of Nepali society set against the backdrop of violent Maoist insurgencies (San Francisco Chronicle). From an author like “a Buddhist Chekhov,”

The Royal Ghosts features characters trying to reconcile their true desires with the forces at work in Nepali society (San Francisco Chronicle). As political violence rages, these people struggle with their duties to their aging parents, an oppressive caste system, and the complexities of arranged marriage, striving to find peace and connection, and often discovering it in unexpected places. These stories, from the Whiting Award-winning author of *Arresting God in Kathmandu* and *The Guru of Love*, brilliantly examine not only Kathmandu during a time of upheaval, crisis, and cultural transformation but also the effects of the city on the individual consciousness. “Like William Trevor, Samrat Upadhyay

compresses into a short story the breadth of vision and human consequence we expect from a novel, and he does so in a prose that seems as natural as breathing.” –Scott Russell Sanders, author of *A Private History of Awe* “Takes us straight into the heart of the troubled and enchanting kingdom of Nepal.” –The Washington Post “Upadhyay’s not-so-simple stories are lucid and often luminous.” –Publishers Weekly
Red Dirt Heart 4 N. R. Walker 2018-10-15 Moving from a Texas ranch to an Australian Outback station was a life changing decision for Travis Craig. Though it wasn't really a decision at all. Something in his bones told him to go, though he had no clue as to why. Until he met Sutton Station's owner, Charlie. Loving Charlie shouldn't have been easy. The man was stubborn, and riddled with crippling self-doubt. No, it shouldn't have been easy at all. Yet somehow, falling in love with Charlie was the easiest thing in the world. Loving him was easy. Living with him, teaching him how to love in return and, more importantly, how to love himself, was not. But Travis knew all along it'd be worth it. He knew the man with the red dirt heart was destined to be his. Just like he knew the red dirt that surrounded him was where he was supposed to be. In the final instalment of the Red Dirt Series, we see Charlie through Travis' eyes. We see how much he's grown and how much he loves. We go back to Texas with them, and we see Charlie get everything he truly thought he never

deserved. Red Dirt Heart 4 is Travis' story. And this is the story of not just one red dirt heart, but two.

Erika and the King Erika Leuchtag 2013-10 This is a new release of the original 1958 edition.

It Only Takes A Minute To Change Your Life Willie Jolley 1997-03-15 A motivational speaker shows readers how to summon and pursue their dreams of success, build persistence, and resist the temptation to succumb to defeat

A Boy from Siklis Manjushree Thapa 2009 In the last days of the monsoon in 2006, a helicopter crash in Nepal's eastern hills claimed some of the country's best, including the charismatic environmentalist Chandra Gurung. Starting with his birth as the son of the headman of the small village of Siklis, Manjushree Thapa follows the arc of his career as he achieved one democratic breakthrough after another in a conservation movement under royal patronage, where the royal family expected environmentalists to pander to their every whim. Offering a historical view into Nepal's conservation movement as a whole, **A Boy from Siklis** is the portrait of one man, of his times, and of a nation made and unmade-and made anew-by its quest for democracy.

What's Your Enneatype? An Essential Guide to the Enneagram Liz Carver 2020-08-04 What's Your Enneatype? An Essential Guide to the

Enneagram describes the nine Enneagram types, how to identify your own type and the types of those close to you, and how to use this knowledge to better yourself, your relationships, and your greater goals.

Walking on Sunshine Rachel Kelly 2016-11-08 An accessible and clear-eyed handbook that offers fundamental tips, tools, and sanity-saving ideas to guide you through the seasons and help you better manage the mood-altering pressures of everyday life—"Try it. I took my blood pressure before and after. It dropped" (The New York Times). In the form of weekly journal entries over the course of a year, bestselling author, journalist, and mental health activist Rachel Kelly shares the fifty-two strategies that have helped her cope with depression and anxiety and maintain a calm, happy lifestyle. Walking on Sunshine requires no complicated program or an overhaul of your current way of life. These are simple shortcuts to lighter, more conscious living—tangible rituals you can use to care for your body and mind. In the pages of this engaging book, you'll find breathing techniques, poetry, prayer, philosophical nuggets, and meditations, all of them gentle suggestions designed to bring more ease and equanimity into your daily life. Written in the candid, conversational style of a good friend and accompanied by delightful cartoon illustrations, Walking on Sunshine is a constant, supportive companion that will see you through your ups and downs.

The Secret Magdalene Ki Longfellow 2007-03-27 Raised like sisters, Mariamne and Salome are indulged with riches, position, and learning—a rare thing for females in Jerusalem. But Mariamne has a further gift: an illness has left her with visions; she has the power of prophecy. It is her prophesying that drives the two girls to flee to Egypt, where they study philosophy, mathematics, and astronomy in the Great Library of Alexandria. After seven years they return to a Judaea where many now believe John the Baptizer is the messiah. Salome too begins to believe, but Mariamne, now called Magdalene, is drawn to his cousin, Yeshu'a, a man touched by the divine in the same way she was during her days of illness. Together they speak of sharing their direct experience of God; but Yeshu'a unexpectedly gains a reputation as a healer, and as the ill and the troubled flock to him, he and Magdalene are forced to make a terrible decision. This radical retelling of the greatest story ever told brings Mary Magdalene to life—not as a prostitute or demon-possessed—but as an educated woman who was truly the “apostle to the apostles.”

The Guru of Love Samrat Upadhyay 2013-02-01 A New York Times Notable Book: “A ravishingly seductive novel . . . set in contemporary Kathmandu” (Elle). Ramchandra is a math teacher earning a low wage and living in a small apartment with his wife and two children. Moonlighting as a tutor, he engages in an illicit affair with one of his tutees, Malati, a

beautiful, impoverished teenager, who is also a new mother. She provides for him what his wife, who comes from a privileged background, does not: desire, mystery, and a simpler life. Just as this Nepalese city struggles with the conflicts of change, Ramchandra must also learn to accommodate both tradition and his very modern desires, in this “gripping” novel by the Whiting Award–winning author of *Buddha’s Orphans* (The New York Times Book Review). “Utterly absorbing . . . Upadhyay’s lucent and tender storytelling gently unveils the strange interplay between self and family, the private and the political, and most mysteriously, the erotic and the spiritual.” —Booklist “Poignant . . . The Guru of Love effectively weaves together the complicated dichotomies of man and mistress, love and lust, tradition and modernity.” —USA Today “Reads like a graceful, page-turning mixture of stirring romance and social commentary.”

—Entertainment Weekly

Sugata Saurabha Chitta Dhar Hridaya 2010 The *Sugata Saurabha* is an epic poem that retells the story of the Buddha’s life. It was published in 1947 in the Nepalese language, Newari, by Chittadhar Hridaya, one of the greatest literary figures of 20th-century Nepal. The text is remarkable for its comprehensiveness, artistry, and nuance. It covers the Buddha’s life from birth to death and conveys his basic teachings with simple clarity. It is also of interest because, where the classical sources are silent, Hridaya

inserts details of personal life and cultural context that are Nepalese. The effect is to humanize the founder and add the t.

Palpasa Café Narayan Wagle 2018-07-06 *Palpasa Café* tells the story of an artist, Drishya, during the height of the Nepalese Civil War. The novel is partly a love story of Drishya and the first generation American Nepali, Palpasa, who has returned to the land of her parents after 9/11. It is often called an anti-war novel, and describes the effects of the civil war on the Nepali countryside that Drishya travels to.

That's My Love Story Mr. Santosh Kalwar 2014-07-24 *That's My Love Story* is a thought-provoking novel about the blurred lines between love and lust, adventure and personal journey. This story is for anyone who needs inspiration and motivation that there is another side to pain. After experiencing deep pain and failure in relationships with several women, Prem, the young man has decided to quit life by jumping from a mountain cliff. But it takes twenty-four hours, on foot, to reach the cliff. Heartbroken and suicidal, he is yet riding high on the adventurous journey. On his way, Prem meets the old man who lives at the top of it. This old man is wise, smart, and intelligent and very similar to a spiritual guru. Together they both set forth on a journey—a journey of self-discovery, of immense discussion, and ... about love.

Himalayan Voices Michael Hutt 1993 *Himalayan Voices* provides admirers

of Nepal and lovers of literature with their first glimpse of the vibrant literary scene in Nepal today. An introduction to the two most developed genres of modern Nepali literature-poetry and the short story-this work profiles eleven of Nepal's most distinguished poets and offers translations of more than eighty poems written from 1916 to 1986. Twenty of the most interesting and best-known examples of the Nepali short story are translated into English for the first time by Michael Hutt. All provide vivid descriptions of Life in twentieth-century Nepal. This book should appeal not only to admirers of Nepal, but to all readers with an interest in non-Western literatures.

The Window of the House Opposite Govinda Bahadur Malla 1998
Dis/ability Studies Dan Goodley 2014-04-24 In this ground-breaking new work, Dan Goodley makes the case for a novel, distinct, intellectual, and political project – dis/ability studies – an orientation that might encourage us to think again about the phenomena of disability and ability. Drawing on a range of interdisciplinary areas, including sociology, psychology, education, policy and cultural studies, this much needed text takes the most topical and important issues in critical disability theory, and pushes them into new theoretical territory. Goodley argues that we are entering a time of dis/ability studies, when both categories of disability and ability require expanding upon as a response to the global politics of neoliberal

capitalism. Divided into two parts, the first section traces the dual processes of ableism and disablism, suggesting that one cannot exist without the other, and makes the case for a research-driven and intersectional analysis of dis/ability. The second section applies this new analytical framework to a range of critical topics, including: The biopolitics of dis/ability and debility Inclusive education Psychopathology Markets, communities and civil society. Dis/ability Studies provides much needed depth, texture and analysis in this emerging discipline. This accessible text will appeal to students and researchers of disability across a range of disciplines, as well as disability activists, policymakers, and practitioners working directly with disabled people.

Blue mimosa Pūrijūta 2010

Forget Kathmandu Manjushree Thapa 2013-05 Author's impression on the political conditions in Nepal post 2001 while travelling through the affected areas of political strife.

Rollback Robert J. Sawyer 2007-04-03 Dr. Sarah Halifax decoded the first-ever radio transmission received from aliens. Thirty-eight years later, a second message is received and Sarah, now 87, may hold the key to deciphering this one, too . . . if she lives long enough. A wealthy industrialist offers to pay for Sarah to have a rollback—a hugely expensive experimental rejuvenation procedure. She accepts on condition that Don,

her husband of sixty years, gets a rollback, too. The process works for Don, making him physically twenty-five again. But in a tragic twist, the rollback fails for Sarah, leaving her in her eighties. While Don tries to deal with his newfound youth and the suddenly vast age gap between him and his wife, Sarah struggles to do again what she'd done once before: figure out what a signal from the stars contains. Exploring morals and ethics on both human and cosmic scales, Rollback is the big new SF novel for 2007 by Hugo and Nebula Award-winner Robert J. Sawyer. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

An Introduction to Nepal Rishikesh Shaha 2001

Cleopatra H. Rider Haggard 2021-04-25 "Cleopatra" by H. Rider Haggard. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten-or yet undiscovered gems-of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Unlearn Humble the Poet 2019-04-09 The internationally bestselling self-empowerment book from influencer, rapper, and spoken word artist

Humble the Poet, now available in a new edition with a new foreword by the author. Unlearn offers short, accessible, and counterintuitive lessons for reaching our full potential. Beloved for his sincerity, playfulness, and sage advice, globally famous rapper, spoken word artist, poet, blogger, and influencer Humble the Poet has traditionally shared his message of self-discovery, creativity, and empowerment with his fans through music and written word. That message has now been extended to this empowering book, offering insights and wisdom that challenge conventional thinking and help you tap into your best, most authentic self. Humble sees life with unique clarity. In Unlearn, he opens our eyes to our own lives, helping us to recognize the possibilities that await us and the challenges that prevent us from realizing our dreams. With his characteristic honesty and forthrightness, he helps us shed the problematic lessons we've learned throughout our lives that limit us, from sabotaging habits, to fixed mindsets, to past regrets, and relearn new, unconventional ways of moving through life. Among his 101 lessons are: Fitting In Is a Pointless Activity Don't Trust Everything You Feel Killing Expectations Births Happiness Comparisons are Killer Baby Steps Add Up You Decide Your Worth Profound in its simplicity, Unlearn is the perfect invitation to a new beginning and to pursue a life of fulfillment.

The Barefoot Surgeon Ali Gripper 2018-06-27 'A true insight into my

remarkable friend Dr Sanduk Ruit.' - Gabi Hollows 'He reminds me of Don Bradman. They both have a God-given talent and skill...' - Ray Martin 'If I've done one thing in life I'm proud of, it's launching Ruit into the world'. - Fred Hollows 'One of the greatest people I've ever met.' - Joel Edgerton 'I've known Dr Sanduk Ruit for over thirty years. He is one of our greatest living eye surgeons and humanitarians... Watching him give the gift of sight is like watching someone give a second life.' - Richard Gere Inspiring and uplifting, this is the extraordinary story of Dr Sanduk Ruit who, like his mentor Fred Hollows, took on the world's medical establishment to give the life-changing gift of sight to hundreds and thousands of the world's poorest and most isolated people. It is the story of a boy from the lowest tiers of a rigid caste system who grew up in a tiny, remote Himalayan village with no school to become one of the most respected ophthalmologists in the world and a medical giant of Asia. Compelling and compassionate, it is also the story of a young doctor who became Fred Hollows' medical soul mate and who chose to defy the world's medical establishment and the lure of riches to make the world a better place. *Karnali Blues* Buddhisagar 2022-05 *Karnali Blues*, by Buddhisagar, is the most widely read Nepali novel to have appeared in the last twenty years. As it recounts the evolution of a father-son relationship-a son's search for approval, a father's small acts of kindness and forgiveness, a son's fears

for his father's dignity as his fortunes and faculties begin to fail-the reader is deeply drawn into young Brisha Bahadur's world. His father is kind and idealistic; his mother, though she is kind too, is often frustrated and irascible. The characters in this book are some of the most carefully drawn and authentic in all of Nepali literature. In a backwater district of a country about to undergo radical social, political and cultural change, Brisha's

dreams, his games and his mischief, his loves, his hopes and his fears come alive. Translated from the Nepali by Michael Hutt, this highly original piece of work, with the simplicity of its language and its emotional range, holds the power to take your breath away. Its principal themes-the love between a son and his father, the joys and sorrows of childhood, the daily struggle for survival-are universal, and will resonate with readers the world over.